

Coffee

<i>Ristretto</i>	\$3.00
<i>Espresso</i>	\$3.50
<i>Doppio</i>	\$3.50
<i>Macchiato</i>	\$3.50
<i>Piccolo Latte</i>	\$3.50
<i>Latte</i>	\$4.50 / \$5.00
<i>Cappucino</i>	\$4.50 / \$5.00
<i>Mocha</i>	\$5.50 / \$6.00
<i>Flat white</i>	\$4.50 / \$5.00
<i>Long black</i>	\$4.50 / \$5.00
<i>Short black</i>	\$3.50 / \$4.00
<i>Affogato</i>	\$5.00
<i>Hot Chocolate</i>	\$5.00 / \$6.00

Extra

ALMOND / SOY / OAT / LACTOSE-FREE MILK
VANILLA / CARAMEL / HAZELNUT SYRUP
EXTRA SHOT

Cold Coffee

<i>Iced Long Black</i>	\$5.50
<i>Iced Coffee</i>	\$7.00
<i>Iced Latte</i>	\$6.50
<i>Iced Mocha</i>	\$7.50
<i>Iced Matcha</i>	\$7.00

Tea

we have different options to choose \$5.50

FOR DIETARIES OR ALLERGIES PLEASE INFORM
A WAITER BEFORE ORDERING. MAY OF OUR DISHES .
CAN BE MODIFIED TO BE VEGAN ON REQUEST.



~ Thankyou ~

Smoothies

Mixed-Berry Smoothie \$10.50

Strawberries, Blueberries, Raspberries- blend
with apple juice / coconut water and yoghurt

Tropical Smoothie \$10.50

Pineapple, Banana and Mango- blend with
coconut water/apple juice and yoghurt

Mango Magic Smoothie \$10.50

Mango, Strawberries, Raspberries- bland with
Apple juice and yoghurt

Banana Blast Smoothie \$10.50

Banana, Blueberries, Raspberries- blend with
apple juice/coconut water and yoghurt

Fresh Juices

Kale cleanser \$7.50

Kale, celery, cucumber and apple

Rise n Shine \$7.50

Orange, Apple, Mint and Pear

Detox \$8.50

Apple, Ginger, Cucumber, Kale,
Parsley and Lemon

Pine-Melon \$8.50

Watermelon, Pineapple, Apple
and Orange and Mint

Veggies \$8.50

Cucumber, Lemon, Mint, Celery,
Kale, Ginger and Beetroot

PLEASE NOTE 10% SURCHARGE FOR WEEKENDS AND
15% SURCHARGE FOR PUBLIC HOLIDAYS APPLIES.
UNFORTUNATELY NO SPLIT BILLS.
THANKS FOR YOUR UNDERSTANDING.

Breakfast

Smashed Avo **\$18.90**
Toasted sourdough, avocado, Hummus, cherry tomatoes, danish fetta and poached eggs

Urban special **\$24.90**
2 free range eggs your way, sausage, tasmanian salmon, sauteed mushrooms, cherry tomatoes, hash brown and served with toasted sourdough

Egg Benny **\$16.90**
Serve with sour dough, poached egg, spinach, fetta/haloumi and hollandaise sauce
Add on: smoked salmon/ grilled chicken/salami

Brekkie bruschetta **\$17.90**
Serve with sour dough, fetta cheese, tomatoes bruschetta, and 2 poached eggs

Pancake **\$21.00**
Buttermilk pancakes serve with Banana, Ricotta, fresh berries, coconut flakes, vanilla ice cream and maple syrup

Egg your way **\$11.90**
2 eggs your choice, roasted tomato and served with sour dough

Toast **\$7.00**
Sour dough with Jam/peanut butter/vegimite

Egg on toast **\$13.00**
Poached/scrambled/fried eggs on sour dough

Add-on

Sides

Avocado.....	\$3.00
Mushroom.....	\$3.00
Cheese.....	\$3.00
Haloumi.....	\$3.50
Salami.....	\$4.50
Sausage.....	\$4.00
Smoked Salmon.....	\$6.90
2 free range eggs any style.....	\$5.50

Healthy Bowls

Acai Bowls **\$18.90**
Amazonia Acai, mixed berries, banana with Granola, coconut flakes and serve with seasonal fruits

Granola Bowls **\$18.90**
Creamy greek yoghurt, Serve with Granola, with seasonal fruits, coconut flakes, and maple syrup/ honey

Salad

Garden salad **\$11.90**
Mixed leaves, tomato, onions, cucumber, olives and salad dressing

Greek salad **\$13.50**
Mixed leaves, tomato, onions, cucumber, olives, fetta cheesa and salad dressing

Haloumi salad **\$14.90**
Green leaves, onions, red capcicum, fetta cheese, grilled haloumi, served with dressing

Caesar Salad **\$14.90**
Icebeeg lettuce, croutons, grilled chicken into pieces and served with caesar dressing

Salmon Salad **\$16.90**
Green leaves, onion, olives, tomato, broccoli, smoked salmon grilled, served with dressing and boiled egg

Burger

Grilled Chicken Burger **\$14.50**
Marinated chicken, lettuce, tomato and mayonnaise

Beef Burger **\$17.50**
Beef patty, lettuce, tomato, mayonnaise and cheese

Kids Breakfast

Cheese Sandwich	\$7.00
Egg, Tomato Cheese On Toast	\$9.90
Egg, Sausage, Tomato On Toast	\$9.90

Wraps and Sandwiches

Veggie Bomb Wrap (V) **\$17.50**
Spinach, tomato, mushroom, onions, salad leaves, avocados, aioli and serve with side chips

Chicken Wrap **\$18.50**
Grilled chicken, smashed avocado with aioli and portugese sauce and serve with side chips

Steak Wrap **\$21.90**
Marinated steak with thyme and herbs, capcicum, onion, avocado, rolled with aioli and portugese sauce serve with side chips

Grilled Chicken Sandwich **\$18.90**
Marinated grilled chicken, lettuce, mayonnaise, tomato serve on rye bread and shaved parmesan cheese

Tuna Sandwich **\$19.90**
Marinated tuna with Jalapenos, chives, mayonnaise with cheese slice

Extra

Tomato sauce.....	\$1.50
Barbeque sauce.....	\$1.50
Sweet chili sauce.....	\$1.50
Portugese sauce.....	\$2.50
Aioli sauce.....	\$2.50
Hummus sauce.....	\$2.50
Salad.....	\$4.50
Side veggies.....	\$4.50

Desert

Poached pears **\$18.50**
Pear, serve with Saffron, peanuts, ice cream and with poached pear syrup.

Affogato **\$15.00**
Serve with vanilla icecream with espresoo top with maple syrup

Brownie Sundae **\$15.00**
Hot brownies, serve with chocolate syrup and vanilla ice cream